



# My 2012

**5Rhythms dance + vision for the new year**  
**Wednesday evening Dec. 28th from 5.30 – 10.30 pm**

**Dansverkstæði/Dance Atelier, Skúlagata 28, 4th floor**

A powerful way to prepare you for 2012

## You...

- ...thank, bless and say farewell to the year that's passing
- ...hear a horoscope for the new year
- ...make a vision board with your objectives, intentions and prayers
- ...dance from that which is, to that which will be...or could become

Price 3.400, or 1 class from a dancecard + 1.000.

Included: Dance, horoscope, material for vision board, tea & coffee.

With Sigurborg Kr. Hannesdóttir, 5Rhythms teacher

Information and registration: [sigurborg@5rytmar.is](mailto:sigurborg@5rytmar.is) tel. 438 1700.

[www.dansfyrirlifid.is](http://www.dansfyrirlifid.is)